
Career Transition 1 Month Program

1 _ Month Career Transition Program

Overview

The aim of this program is to assist you to manage the change and facilitate the next step in your career.

A career transition consultant will be appointed to work with you over the one-month period to address the practical elements of a successful transition process.

Your program includes these practical steps:

_ Step One: Managing Change

Your consultant will help you to explore the key issues resulting from the change and develop appropriate coping strategies.

_ Step Two: Self Evaluation

This step includes evaluating values, career drivers and motivators, skills and competencies that provide a broad understanding of the key considerations relevant to an effective career and lifestyle fit.

_ Step Three: Exploring Future Career Options

A brainstorm of future career options together with guidance with regard to education and training choices if needed.

_ Step Four: Job Search Skills

Your consultant will assist with practical self-marketing skills and documents. This includes:

- Development of a high impact resume.
 - Accessing the hidden job market.
 - Responding to job applications (print and online).
 - Dealing with recruiters.
 - Interview techniques.
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